

Name: _____

Study Habits of Successful Students

1. Try not to do too much studying at one time-----
 - Space the work you have to do over shorter periods of time.
 - Taking short breaks will restore your mental energy.

2. Try to study at the same time each day -----
 - My study time will be: _____
 - Study time is any time you are doing something related for schoolwork.: completing assigned reading, working on a paper or project, or studying for a test

3. Set specific goals for your study times. -----
 - Be very clear about what you want to accomplish during your study time.
 - I am now going to work **only** on _____

4. Start studying when planned -----
 - Allow no excuse to get in the way of your study time

5. Work on the assignment you find most difficult first-----
 - This is when you will have the most energy to put towards challenging work

6. Develop an interest in what you are studying-----
 - Try to relate what you are studying to your own life to make it as meaningful as possible.

7. Review your notes before beginning an assignment-----
 - This will make sure you are doing the assignment correctly. Your notes may also contain information that will help you complete the assignment

8. Tell your friends not to call during your study time-----
 - Talking to friends will distract you from your studying and interrupt your concentration

9. Call another student when you have difficulty with an assignment-----
 - I will call _____ when I need some help

10. Review your schoolwork over the weekend-----
 - Weekends should be fun time, but there is also some time to review so you will be prepared .on Monday